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# OCDDA

## *update*

OFFICIAL NEWSLETTER OF THE  
OKLAHOMA CITY DISTRICT DIETETIC ASSOCIATION

### *President's Message*

Welcome to the Oklahoma City District Dietetic Association! The OCDDA board is excited for this new year to begin and we have lots of exciting CEUs to offer! We have already kicked off this year with a fabulous vendor fair last month. We had fantastic participation from both professionals and vendors. It was a great time to network and meet other RDs in the metro area.

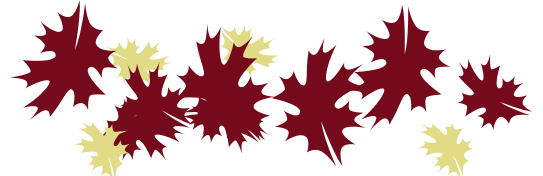
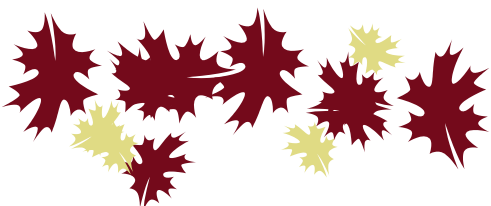
If you missed the vendor fair we have another meeting coming up November 1st at OUHSC College of Allied Health, 1200 N. Stonewall Ave., Room 2028. Social and snacks are from 5:30-6:00 pm. Lecture and hands-on-activity will be from 6:00-7:00 pm. Peggy Turner will present, "To Drop or Not to Drop!", where she will discuss the dietitian's role in tube feeding orders and teach how to place feeding tubes using a computerized enteral access device.

Become a member today and enjoy meetings throughout the year and meet other RDs from across the metro area! Remember to check back at our website [www.ocdda.org](http://www.ocdda.org) for meetings and up-to-date information. We look forward to seeing you soon!

*- Melissa Church, MS, RD/LD*

P.S. See page 4 of this newsletter for details of our next meeting, and watch for email updates and check out our website at <http://www.OCDDA.org> for more information on upcoming meetings. We look forward to seeing you soon!

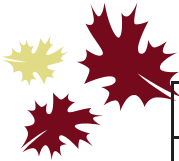
## Enhance Your Career with OCDDA. Join Today!



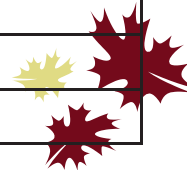
# OCDDA UPDATE



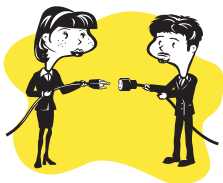
## 2011-2012 OCDDA Board



Position	Name
President	Melissa Church
President-Elect	Lisa Reily
Treasurer	Melissa Heuer
Treasurer-Elect	Lisha Smathers
Secretary	Hollie Kirby
Secretary Elect	Mary Shilling
Nominating Chair	Jessica Shaw
Nominating Committee	Shelley Fehrenbach
Nominating Committee	Maggie Finnegan
Bylaws Chair	Amber Singer
Communications Chair	Leah Hoffman
Corporate Sponsorship Chair	Amanda Parsons
Membership Chair	Amanda Bower
Public Relations Chair	Kate Collins
Publications Chair	Gina Stone



## Why Join OCDDA?



**Networking**

**Membership  
Directory**



**Newsletter**

**Earn up to 8 CEUs  
This Year!**



# OCDDA UPDATE



## OCDDA Fall Kick-Off Meeting

Greetings! OCDDA kicked off the year with a wonderful meeting and vendor fair. Over 75 people attended. Attendees were able to network with other local dietitians and learn about new local products and services from the numerous vendors who participated in the event. Goodie bags were provided by Homeland and some lucky attendees went home with a special raffle prize. A big thanks goes to the Peggy and Charles Stephenson Oklahoma Cancer Center for allowing us to hold our meeting in their beautiful new facility. And a big thanks as well is due the following vendor participants:

Abbott Nutrition	Homeland	OEDA
—	—	(Oklahoma Eating Disorders Association)
Akin's Natural Foods	Hormel	—
—	—	Oklahoma County Senior Nutrition
Bob's Red Mill	K-12	—
—	—	Oklahoma Food Bank
Buy For Less	Kamp's 1910	—
—	—	OUSHC: MS & Distance Learning Programs
California Walnut Board	Kelley Brokerage Distributor	—
—	—	Pachinko Parlor
Cardiac Directions	Lantus	—
—	—	Power of Fruit
Diabetes Outlook	Lemmons Food Distributer	—
—	—	RD411
Diabetic Cooking Magazine	Lincare	—
—	—	Sodexo
Dreamfields Pasta	Nestlé Nutrition	—
—	—	Walgreen's
Food & Health Communications	NTSPEN	—
—	(North TX Society for Enteral & Parental Nutrition)	West WIC
Hershey's	—	
—	ODA	



Don't miss the next OCDDA Member Meeting!

## **To Drop or Not to Drop?**

**Dietitians Placing Feeding Tubes**

**Discuss the dietitian's role in tube feeding and learn how to place feeding tubes using a computerized enteral access device!**

**Presented by:**

**Peggy Turner, MS, RD/LD**

**Assistant Professor, OUHSC Department of Nutritional Sciences**

**Tuesday, November 1, 2011**

**5:30: Social and snacks**

**6:00-7:00: CE presentation and hands-on activity**

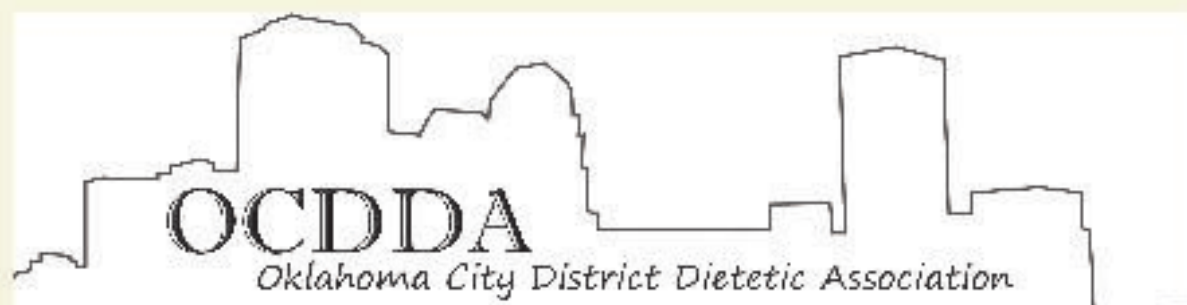


**OUHSC College of Allied Health**

**1200 N. Stonewall Ave.**

**Room 2028**

**Park in the lot behind the college (enter from Everest) and enter through the SE doors (by the dumpster)**



# OCDDA UPDATE



## CAMPUS

## ORN ER



With the Fall semester well under way, the students at the University of Oklahoma Health Sciences Center are eagerly completing projects and studying for exams. New students are finding their rhythm on campus, while the veterans of the program are gearing up for internships starting in January 2012.

The Fall has proved to be quite busy for SDA thus far, with planning the Homeless Health Fair and partnering with other programs for the Holiday Head Start party.

Some of the students were able to attend FNCE in September in San Diego, which proved to be a valuable experience.

We have had a great year and are looking forward to all of the events and possibilities in the future!

-Lauren Outhier, OUHSC



The Nutrition Department at the University of Center Oklahoma (UCO) is looking forward to some changes this Fall. The dietetic interns that began in January have completed their clinical rotations and are preparing to graduate in December and embark on their new journey as dietitians. The Summer class of dietetic interns has completed its management rotations and is looking forward to spreading its knowledge of nutrition within the community.

Recently the interns collaborated with the Oklahoma Beef Council at the Oklahoma State Fair by demonstrating healthy ways to cook with lean beef. The cooking demonstrations drew quite the crowds and the interns had a great time teaching the audience about the benefits of choosing lean beef. In November UCO is hosting its 4th annual "Application Station", an event where students can gain information on the dietetic internship application process.

We are grateful for all the opportunities and unique experiences we have had throughout our internships. We look forward to participating in more upcoming events and wish everyone the best of luck in their future endeavors.

-Aimee Darnall, UCO



# OCDDA UPDATE



## Dates to Remember

<b>November 1, 2011</b> Tuesday	<b>OCDDA Meeting</b> 5:30 Social & snacks 6:00-7:00 CE presentation & hands-on activity OUHSC College of Allied Health
<b>1st week of December, 2011</b> TBD	<b>OCDDA Meeting</b> Pasta, sauces, and wine demo by local chef More info to come!
<b>December 2, 2011</b> Friday	<b>Deadline for membership dues</b> (To have your information published in this year's membership directory)
<b>March 1, 2012</b> Thursday	<b>ADA Legislative Day and 5th Annual Dining at the Capitol</b> Oklahoma City, OK <a href="http://www.oknutrition.org/Dining-at-the-Capitol">http://www.oknutrition.org/Dining-at-the-Capitol</a>
<b>March 15-16, 2012</b> Thursday & Friday	<b>ODA Spring Convention</b> Tulsa, OK
<b>April 15-17, 2012</b> Sunday - Tuesday	<b>ADA Public Policy Workshop</b> Washington, D.C.



**2011-2012 Oklahoma City District Dietetic Association  
MEMBERSHIP FORM**

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
EMPLOYMENT: \_\_\_\_\_ SPECIALTY: \_\_\_\_\_  
ADA member number: \_\_\_\_\_

Circle Credential(s):

PhD MS RD LD CNSD CDE PLD CDM DT Other: \_\_\_\_\_

Membership Classification (Circle One):

**\$25.00 annual fee**  
**Active**

**\$12.00 annual fee**  
**Retired**

**\$12.00 annual fee**  
**Associate (students)**

\*\*\*Please complete ALL information below – **even if you are a returning member!!!**

**Please print or write legibly and provide two e-mail addresses. We are using e-mail as our only source of communication this year, unless a working e-mail address is not available.**

BUSINESS ADDRESS: \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Email \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Email \_\_\_\_\_

Preferred mailing address (please check one): \_\_\_\_\_ Business \_\_\_\_\_ Home  
Email address not available \_\_\_\_\_

If you would like to join OCDDA to network with colleagues, participate in free and low-cost continuing professional education activities, receive our newsletter, and support successful dietetics practices, please complete this form and return to the address below with the applicable fee (ADA membership is required, make checks payable to OCDDA). Memberships are gladly accepted anytime throughout the year, but please return this form with your payment by **Friday, December 2, 2011** to be included in this year's OCDDA Directory. Members are not required to live in the metro area and are encouraged to support the dietetic association of their choice.

MAIL TO: **Amanda Bower**  
**2721 N.W. 168<sup>th</sup> Terrace**  
**Edmond, OK 73012**