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# Winter

# OCDDA *update*

OFFICIAL NEWSLETTER OF THE  
OKLAHOMA CITY DISTRICT DIETETIC ASSOCIATION

## OCDDA 2010 Board Nominations

Have you ever been interested in running for a position with a professional organization? Do you want to get more involved with OCDDA? There's no better time than now!

We are soliciting nominations for the following positions:

- President-Elect
- Treasurer-Elect
- Secretary-Elect
- Nominating Committee

Ballots will be sent out in late February and elected officials will take office in June 2010.

If you are interested in running for a position or would like more information, contact:

Josh Brown, MS, RD/LD, Nominating Chair

[Joshua.Brown1@va.gov](mailto:Joshua.Brown1@va.gov)

(405) 456-4651

Have something you want to say to the members of OCDDA? Has a fellow OCDDA member made a positive impact on the health of the Oklahoma City Metro area in a way that deserves special attention and recognition? Want to give a shout out to one of our members for the work they have done to advance our profession?

Part of OCDDA's mission is for our local community of nutrition professionals to stay united and cohesive. One way to do that is by sharing our news with each other. If you have something you would like to share in the OCDDA Update, please submit your information to Sara Perdue at [Sara.Perdue@va.gov](mailto:Sara.Perdue@va.gov).



# OCDDA UPDATE



## President's Message

*Hello, OCDDA members. I would like to start by wishing everyone a Merry Christmas and Happy New Year. I hope everyone is finding time to enjoy the holidays, which are such a busy time of the year. Especially, as we approach the New Year, this brings us into that time of year when many will turn to the experts for nutrition advice, healthy holiday recipes, and help with their weight loss resolutions.*

*As another year is flying by, OCDDA has had two great CEU program meetings so far. Caroline Mathis has been working hard to put these CEU meetings together, along with the OCDDA Board Members. OCDDA would like to give a special thank you to the sponsors of the last meeting held on December 1<sup>st</sup>. Jana Lowry, RD, LD, with Nestle Healthcare Nutrition, provided us with a great program presentation and Susan Allen with Dairy Max provided great snacks. If you were not able to attend you still have time to get involved as we still have two more CEU programs planned for this next year. Watch for program updates to come via email. If you have any program topic request or know of a great presentation or speaker that would be interested in presenting, please contact Caroline Mathis at [Caroline@mathisbrothers.com](mailto:Caroline@mathisbrothers.com).*

*With us quickly approaching the New Year it will be time to start planning for National Nutrition Month. Stephanie Cannon, Public Relations Chair, and her committee will be starting to put ideas together. If you would like to volunteer or help in any way please contact me. Also, it is that time to start thinking about OCDDA Board Member nominations and OCDDA Outstanding Dietitian of the Year. Please find the attached nomination form for Outstanding Dietitian of the Year in this newsletter and submit your nominations.*

*The OCDDA board will continue to work hard to make the upcoming meetings, events, and elections successful. Please contact me with any suggestions or if you would like to be involved in anyway, [lchandlerdld@yahoo.com](mailto:lchandlerdld@yahoo.com).*



*Thank You for your support,  
Lisha Chandler, RD, LD  
OCDDA President*

# OCDDA UPDATE



## 2009-2010 Executive Board

**President**

Lisha Chandler, RD/LD

**President-Elect & Program Chair**

Caroline Mathis, RD

**Secretary**

Diane Clayton, MS, RD/LD

**Secretary-Elect**

Lisa Reily, RD/LD

**Treasurer/Finance Chair**

Heather Hoffhines, MS, RD/LD

**Treasurer-Elect**

Leah Hoffman, RD/LD

**Membership Chair**

Melissa Schoeling, RD/LD

**Public Relations Chair**

Stephanie Cannon, RD/LD

**Corporate Sponsorship Chair**

Katie Seikel, RD

**Legislative and Public Policy Chair**

Misti Leyva, MS, RD/LD

**Communications Chair**

Heather Smith, MS, RD/LD

**Nominating Chair**

Josh Brown, MS, RD/LD

**Nominating Chair Elect**

Amanda Coy, MS, RD/LD

**Bylaws Chair**

Amanda Jones, RD/LD

**Publications Chair**

Sara Perdue, MS, RD/LD

**Student Relations Chair**

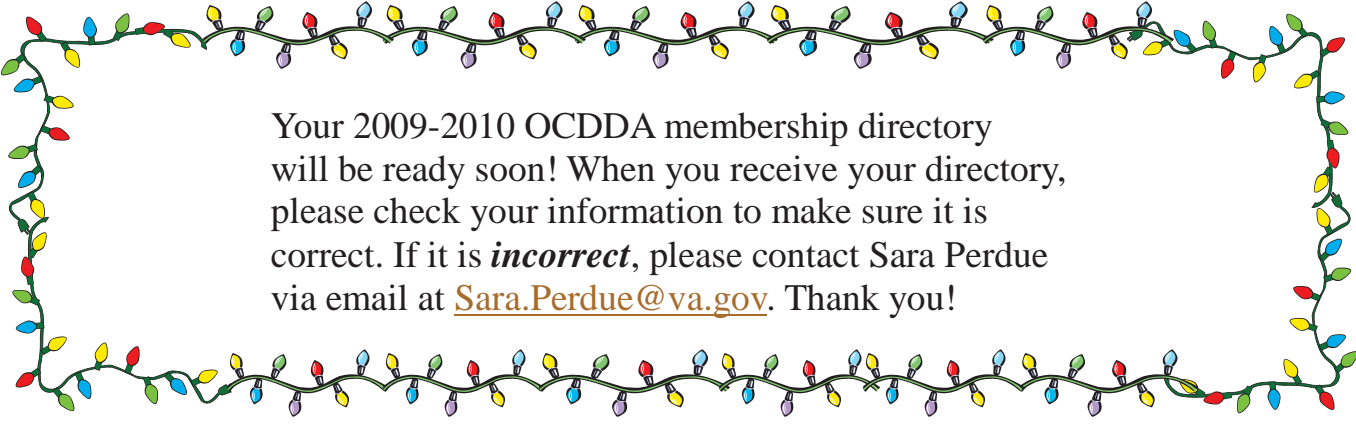
Peggy Turner, MS, RD/LD

**Teller**

Sheryl Morsman, RD/LD

**Historian**

Kelli Johnston, MS, RD/LD



Your 2009-2010 OCDDA membership directory will be ready soon! When you receive your directory, please check your information to make sure it is correct. If it is *incorrect*, please contact Sara Perdue via email at [Sara.Perdue@va.gov](mailto:Sara.Perdue@va.gov). Thank you!

# OCDDA UPDATE



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## OCDDA Meeting Synopsis

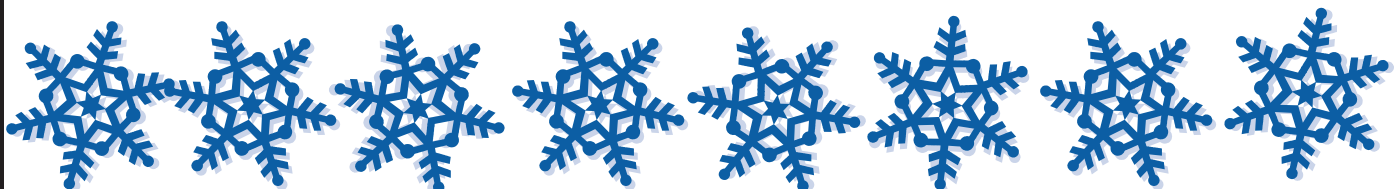
Seasons Greetings and Happy New Year! Our 2<sup>nd</sup> meeting of the year was held on December 1<sup>st</sup> at the University of Oklahoma Health Sciences Center College of Allied Health. The brand new, state of the art facility was such a fabulous venue for our group. The meeting was sponsored by Nestle and DairyMax.

Participants were able to view a presentation from A.S.P.E.N.'s 2009 conference titled, "Highlights from the 2009 Critical Care Nutrition Guidelines". These guidelines were presented in a panel format and one of the speakers included OUHSC's own Dr. Pamela Roberts! The guidelines covered early enteral nutrition, use of TPN, and adjunctive therapy.

Thank you again to Nestle for the presentation and to DairyMax for the fabulous high calcium snacks!

Stay tuned for information regarding our next meeting at the end of February! Details to follow.

- Caroline Mathis, RD



# OCDDA UPDATE



## Members in the News:

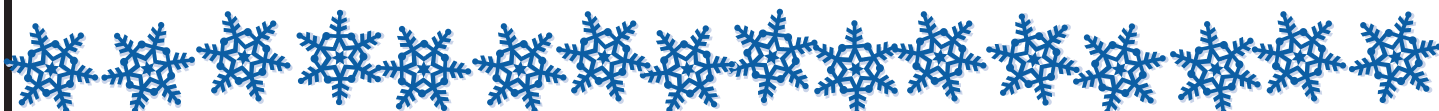
Peggy Turner, MS, RD/LD, assistant professor and dietetic internship director for Oklahoma University, was quoted in the November 2009 issue of *Today's Dietitian* in the article entitled "It's About Time - Adapt to New Nutrition Assessment Tools to Optimize Care." Way to go, Peggy! You make OCDDA members proud!

## **OCDDA Distinguished Dietitian of the Year Award** **~Criteria for Nominations~**

### **Do you know of a dietitian who ...**

- Has actively participated in district, state, and/or national associations,
- Demonstrated concern for the promotion of optimum health and nutritional status of the population, public, or community,
- Demonstrated leadership above and beyond job requirements; for example, in legislation, research, education, clinical dietetics, food service management, public relations, career guidance, entrepreneurship, etc.,
- Mentored other dietitians and dietetic students in the field of nutrition,
- Is a current OCDDA member,
- Who has not previously received this award from OCDDA?

If you know of a dietitian who meets one or more of the above qualifications, please nominate him or her for the OCDDA 2009-2010 Distinguished Dietitian of the Year Award. Nomination forms must be received by February 7, 2010. Recognition and presentation of the OCDDA Distinguished Dietitian of the Year Award will be given at the ODA 2010 Spring Convention.



# OCDDA UPDATE



## Oklahoma City District Dietetic Association Distinguished Dietitian of the Year Nomination Form (Deadline – February 7, 2010)

Submitted by: \_\_\_\_\_

*Please complete this form to the best of your knowledge. You may wish to provide additional information in the form of a letter and/or signatures.*

Name of nominee: \_\_\_\_\_

Number of years as a Registered Dietitian: \_\_\_\_\_

Home address: \_\_\_\_\_

Day Telephone: \_\_\_\_\_

### EDUCATION

Highest Degree Completed: \_\_\_\_\_

Date: \_\_\_\_\_ Institution: \_\_\_\_\_

Current Education in Progress: \_\_\_\_\_

### WORK EXPERIENCE: *Most recent first*

Dates	Title of Position	Organization
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_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

### DEMONSTRATED LEADERSHIP:

*List all associations- dietetic and others- that the nominee has been an active member of, any offices held and the year(s) of membership. These may be National, State, or District Associations as well as volunteer work.*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

E-Mail to: Lisha Chandler @ [lchandlerdld@yahoo.com](mailto:lchandlerdld@yahoo.com) or

Mail to: 9353 SW 21<sup>st</sup> St

OKC, OK 73128

# OCDDA UPDATE



## ODA Professional Award Nominations

Members of the Oklahoma Dietetic Association,

Please nominate one or more of your fellow colleagues for an ODA Professional Award.

- Recognized Young Dietitian of the Year (RYDY)
- Emerging Leader in Dietetics (ELD)
- Outstanding Dietitian of the Year (ODY)
- Recognized Dietetic Technician of the Year (RDTY)

Visit <http://www.oknutrition.org/Professional-Awards> for more information, guidelines, and nomination forms.

Nominations are due in the ODA central office by Friday, January 15, 2010.

## 2010 ODA Election: Nominations Needed

If you know someone that would be a good candidate for a position on the 2010 ODA Election Ballot, or if you would like to run for a position yourself, please contact the central office at [oknutrition@oknutrition.org](mailto:oknutrition@oknutrition.org) by January 20, 2010.

2010 ODA Election Positions:

- President-Elect
- Treasurer-Elect
- Secretary-Elect
- Member Services-Elect
- Public Relations Chair-Elect
- Public Policy Coordinator
- Delegate



A description of all the positions are available at <http://www.oknutrition.org/election.htm>.

The 2010 ODA election will be held in February and March, 2010.

Thanks,

Heather Engelman , MS, RD, LD

Oklahoma Dietetic Association Executive Director

601 S Washington #264

Stillwater, OK 74074-4539

Office: (405) 533-1232 or (877) 656-8874

Fax: (877) 239-2942

[oknutrition@oknutrition.org](mailto:oknutrition@oknutrition.org)

Office Hours: Monday-Thursday, 10AM-2PM

# OCDDA UPDATE



## Changes in Fees for Oklahoma Dietetic License Effective January 1, 2010

### Impact on Renewal for 2010

Changes to the Fee Schedule adopted by the Board and approved by the Governor and Legislature this past spring will go into **effect January 1, 2010**. New fees for Licensed Dietitians and Provisional Licensed Dietitians are as follows:

#### Licensed Dietitians:

- Initial Licensure - \$120
- Reprocessing fee - \$30
- Annual Renewal - \$100
- Late renewal penalty after October 31<sup>st</sup> - \$50 (in addition to \$100 renewal fee)
- Late renewal penalty after January 31<sup>st</sup> - \$100 (in addition to \$100 renewal fee)

#### Provisional Licensed Dietitians:

- Initial Licensure - \$30
- Reprocessing fee - \$30
- Annual Renewal - \$100
- Late renewal penalty after October 31<sup>st</sup> - \$50 (in addition to \$100 renewal fee)
- Late renewal penalty after January 31<sup>st</sup> - \$100 (in addition to \$100 renewal fee)

Since the last fee increase in 1991, the Board has managed to optimize its operational cost by implementing several innovative management practices such as automation of labor intensive tasks, re-structuring of personnel in all departments by eliminating unnecessary positions through normal attrition, cross training staff, evaluating real needs before buying goods and services, and outsourcing services, etc. Because of better budgeting and managing of resources, no fee increase has been sought since 1991 even though cost of operations has gone up every fiscal year because of external factors: personnel cost (cost of living adjustments required by law, increase in benefits such as insurance and retirement, etc) and other administrative cost increases due to unfunded mandates by legislation (A Woman's Right to Know, Oklahoma Tax Payer and Citizen Protection Act, and additional allied professionals to regulate in 2005, 2008, 2009 and potentially in 2010).

Services to licensed professionals, such as online license renewal and online initial license registration, will be expanded and improved at Board cost without any convenience or merchant fees added. Quality customer service will be improved electronically, such as the Application Status Program. Programs will be expanded with innovative and expedited services including 24-hour access to agency services through web-based services and helpdesk, etc.

Availability of additional revenue will enable the Board to continue providing and improving a viable public service. Also, expansion of educational opportunities for licensed professionals, rehabilitation of impaired professionals, cooperation with other regulatory agencies and private healthcare entities, etc. will help reduce medical errors and foster safe health environment for our citizens.

For a complete listing of all fee changes, go to the Board's website at [www.okmedicalboard.org](http://www.okmedicalboard.org).

# OCDDA UPDATE



## Senate and House Health Reform Bills

Misti Leyva, MS, RD/LD

Health reform will affect everyone in America, some more so than others. The following information is provided by the American Dietetic Association and describes the incorporation of nutrition care into the proposed system.

### Senate: Patients Protection and Affordable Care Act

- **MEDICAID:** Allows for medical home waivers for state-coordinated programs that focus on diabetes treatment and prevention, treat cardiovascular disease and treat those considered overweight. Nutritionists are listed among providers under this program, allowing for inclusion of RDs.
- **COMMUNITY:** Establishes the medical home in public health programs and includes the registered dietitian as part of the medical home team.

### House: Affordable Health Care for America Act

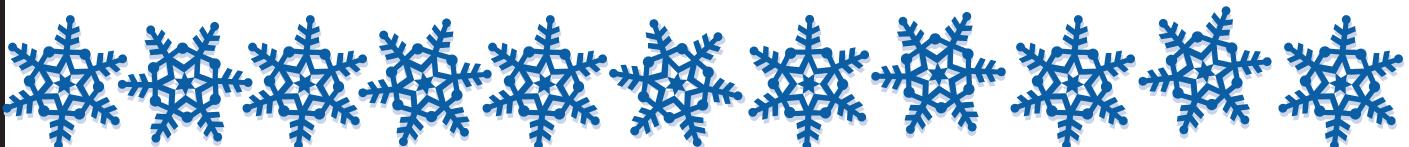
- Establishes both community-based and individual-based medical home pilot programs that are to be led by a primary physician or a nurse practitioner who then will coordinate with other non-physician practitioners in chronic care management activities such as: managing chronic illnesses, transitional care services, care plan setting and nutritional counseling.

The American Dietetic Association is just one of many groups working to improve and promote the medical home; our goal is to highlight the importance of the health care team who will participate in the care of the patients.

ADA's Health Care Reform Task Force identified five tenets for ADA to use to analyze any health reform package before Congress. The fifth tenet states that "health care must be patient-centered" identifying coordinated care as the best way to deliver care and ensure best health outcomes.

In March, ADA created a Medical Home Workgroup that was charged with collecting information about the current role of the registered dietitian in the medical home and then to develop a strategic plan to engage dietitians in the system. In May, the workgroup completed its work and submitted an official report and strategic plan to the House of Delegates for its Fall meeting.

If you would like to become more involved, contact ODA's Public Policy Coordinator or State Policy Representative and plan to attend the Public Policy Workshop via webinar this Fall; the kickoff will be Monday, March 22, 2010. Watch for details!



# OCDDA UPDATE



## CAMPUS

## ORN ER



This has been quite the semester for the students here at the Nutritional Sciences Department at the Health Sciences Center! We just finished our first semester in the new College of Allied Health building on Stonewall. Within the new building, the entire college got together and successfully threw the Annual Head Start Holiday party for 30 young boys and girls.

SDA also had a holiday party for themselves on December 10 at the home of the Nutritional Sciences Chairman, Dr. Knehans, and his wife, Jean.

SDA has recently elected new officers for the coming year including Michael Wing as President, Karen Langlois as Secretary, Annie Coker as Treasurer, and me, Stephanie Badaroux as Historian.

Good luck to graduating MA students as they start dietetic internships in the New Year! Lori Harp will be going to Mayo Clinic in Jacksonville, FL. Eleven others will be entering the OUHSC program.

- Stephanie Badaroux, OUHSC



The UCO Human Environmental Department students ended 2009 with many exciting events.

Since this particular time of year is known as the "giving season," the UCO Student Dietetic Association collected non-perishable food items and donated them to our local Hope Center to help those in need.

We also participated in an event, sponsored by UCO, that was held at a local preschool. We spent an hour with the preschoolers, reading aloud nutrition books, coloring, and making kid-friendly, healthy snacks. It went really well and all of the children had a ball!

Looking ahead, we have so much in store for the upcoming semester! We plan on working with the preschool again because of the enjoyment we all got out of the experience. We are also going to develop some ideas for National Nutrition Month in March. And last but not least, we are going to have a clinic in February regarding eating disorders and so much more! Stay tuned to read about how our events turned out!

- Bryan Austin, UCO



# OCDDA UPDATE



## Dates to Remember:

<b>February</b>	<b>OCDDA Meeting Date, Time, and Location TBA</b>
<b>February 9, 2010 (Tentative)</b>	<b>OCDDA Board Meeting Time and Location TBA</b>
<b>February 14-21, 2010</b>	<b><u>NCCDP Alzheimer's &amp; Dementia Staff Education Week</u> (Free Toolkit &amp; Staff In-services Available for Download)</b>
<b>March 22, 2010 Monday</b>	<b>Public Policy Workshop Kick-off (via Webinar)</b>
<b>March 25-26, 2010 Thursday &amp; Friday</b>	<b>ODA Spring Convention "Oklahoma Roots: Building a Stronger Nutrition Foundation" DoubleTree Warren Place Tulsa, OK</b>
<b>May 13, 2010 Thursday</b>	<b>ODA Dining at the Capitol</b>